



FEARLESS

SOUL SHEPHERD
(MENTAL HEALTH ADVOCATE)

Referral Criteria for Faith-Based Mental Health Support Program

We are looking to identify female students between the ages of 14-18 who are facing significant mental health challenges but do not require hospitalization. Our program offers faith-based mental health support and aims to take a proactive approach to prevent their anxiety from worsening, providing them with the tools and support they need to manage their mental health before it escalates.

Criteria for Identifying Students

- **No Imminent Risk:** The individual is not currently at high risk for suicide, self-harm, or harming others.
- **Stable Condition:** The individual is not experiencing severe or unmanageable symptoms such as psychosis, severe mania, or extreme disorientation that require 24-hour supervision.
- **Sufficient Functioning:** The individual is able to maintain basic daily living activities, such as attending school, personal hygiene, and engaging in some social interactions.
- **No Medical Necessity:** The individual does not require intensive medical or psychiatric monitoring that would be provided in an inpatient setting.
- **Support System Available:** The individual has access to a support system (family, friends, community resources) that can provide assistance and are in support of coming to our program.
- **Willingness to Participate:** The individual is ready and able to engage in our program and is open to learning about the Christian faith as part of their mental health journey.
- **No Acute Substance Abuse:** The individual is not in need of immediate detoxification or treatment for severe substance abuse issues.
- **Manageable Symptom Severity:** The individual's symptoms, while distressing, are not so severe that they cannot be managed by our programming, including counseling, medication management, and support services.